## **CORIO BAY HEALTH GROUP**

## SPORTS TAPING WORKSHOP



PRESENTED BY CBHG AND WILLIAMSTOWN FC PHYSIOTHERAPIST ADAM WALTERS



## **TAPING TECHNIQUES COVERED**

SHOULDER - GLENOHUMERAL & AC JOINTS

KNEE - MEDIAL LIGAMENT & PATELLO-FEMORAL JOINT
FOOT/ANKLE - LATERAL LIGAMENT, SYNDESMOSIS,
PLANTAR FASCIA







SCAN QR CODE TO REGISTER OR CALL 5221 8822

LIMITED PLACES
AVAILABLE

WEDNESDAY 25TH JUNE 6:00PM - 8:30PM CBHG GEELONG 103-107 CORIO STREET \$90.00 (INC. GST)